

We use Himalayan Crystal Salt™, we are referring to only one specific crystal salt, “The Original®”, coming from one specific location in Pakistan and has been the subject of comprehensive medical research as featured in the book *Water & Salt - The Essence of Life*, by Dr. Barbara Hendel, MD and Peter Ferreira. Original Himalayan Crystal Salt™ is more than sodium and chloride. Original Himalayan Crystal Salt can actually be viewed as food. When we speak of salt, and as we scrutinize its properties, we mean salt in its original form: holistic, wholesome, unaltered, natural salt, as it has crystallized in the Earth over millions of years.

BURGERS

Our half lb “Kobe” Burgers are made from Japanese Akaushi Beef. Served with an Organic Sprouted Whole Grain Roll, Roasted Yukon Potatoes & Sautéed Vegetables

MEDITERRANEAN BURGER-Grilled Eggplant, Olive Tapenade, Red Onion & Feta 17.99

BACON CHEESE BURGER-Nitrate Free & Humane Raised Bacon & New York State Cheddar 17.99

BLUE CHEESE BURGER-Herb Roasted Tomatoes 17.99

BRIE BURGER- Local Apples, Bacon & Melted Brie 17.99

SEAFOOD Entrees

At Aroma Thyme we source most of our seafood from clean sustainable fisheries. We take into account the population; catch methods, water quality and contaminants in the seafood. Certain species get tested even further by Seafood Safe© for the mercury, PCB’s, Dioxins and other harmful elements.

Wild Alaskan **SOCKEYE SALMON**, *House Made Teriyaki, Shitakes & Bok Choi* 29.99 **
Wild Salmon contains more Omega 3 Oils than farmed Salmon. Our wild Salmon is line-caught.

*Szechuan **HOT POT** Shrimp 24.99
Shrimp & Vegetables served in a sizzling Korean stone hot pot

*Spicy Thai **RED CURRY** Shrimp Sauté 24.99
Sautéed Mushrooms, Pineapples, Tomatoes, Vegetables & Thai Spices
Vegan option without Shrimp 17.99

Rare Sesame Crusted **ALBACORE TUNA** 29.99 **
Spicy Sriracha, Peanut Sauce, Pickled Ginger & Wakame
Line caught from the Pacific Northwest, the lowest mercury tuna available

** *Monterey Bay Aquarium Seafood Watch, Best Choice & Marine Stewardship Council Certified*

MEAT Entrees

We proudly serve *Hudson Valley Cattle Co* beef from Stone Ridge NY. *Pineland* is pasture raised on small family farms from NY to Maine. All of our beef never ever receive hormones or antibiotics. Our poultry are vegetarian fed, humanely raised and have never been given hormones and/or antibiotics. Sourcing clean and green ingredients is our top priority. Plus our Chicken is chlorine free and our beef is ammonia free.

Pineland Farms 14oz Grilled **RIB EYE STEAK**, *Roasted Garlic* 33.99
Hudson Valley Cattle Co 20 oz **PORTERHOUSE** 47.99

Hudson Valley Cattle Co Slow Grilled Long-Bone **COWBOY STEAK** MP
Please check our special page for exact size

Grilled *Murray’s* **CHICKEN BREAST** 19.99
Grilled Eggplant, Sun-Dried Tomato & Roasted Garlic Pesto,

VEGAN/VEGETARIAN Entrees

SEITEN CUTLETS PICATTA, *Capers, White Wine, Lemons & Garlic* 18.99 V
Our Seiten is made with 20% flax meal and is high in Omega 3 Oils

POLENTA *Cake, Porcini Mushroom, Spinach & Organic Tomato Sauce* 18.99 V
Polenta made from Organic Wild Hive Micro milled cornmeal from Salt Point NY

Organic Fusilli **PASTA** 19.99
Grilled Eggplant, Mushrooms, Artichokes, Goat Cheese, Basil Pesto & Organic Tomato Sauce



20% gratuity may be applied to parties of six or more

V: suitable for vegans

Split charges may occur

Please no separate checks

*spicy foods may not be returned

12/29/11

Proprietors, Jamie & Marcus Guiliano